Hi, this is Niki Surfhammer, spokes-object for Prem's Power Plugins, the combined plugin programming work of Prem Subrahmanyam's two brain hemispheres (with Joy, his wife, serving as chief springboard for new and zany ideas). Before I say anything else, I would like to say thanks for stopping by. Here's a free plugin...a spiral path generator for use in Modeler. You can use it to make springs, shells, whatever happens to spiral through your imagination: